

Hello!

You are unique. You are super-sensational! What are your interests? Your likes and dislikes? What about your dreams for the future? Use this journal to record your thoughts and sketch your ideas about all kinds of topics including you, your school, your adventures, and your favorite things. There are lists to check, ideas to circle, drawing spaces, and questions to make you think. You can draw or use the blank spaces to add photos. You can write dates, facts, and ideas and use your imagination to share daydreams and fantasies.

Take your time and be as descriptive as you can. You can skip around as a topic catches your interest and go back and add information as you have new experiences. Once you finish you will have a super-sensational journal all about you. It will be a great keepsake to read years from now. You will be able to see how you have changed as you have grown. You might be surprised and you will definitely enjoy reading about the many special times you've had.

My Colors

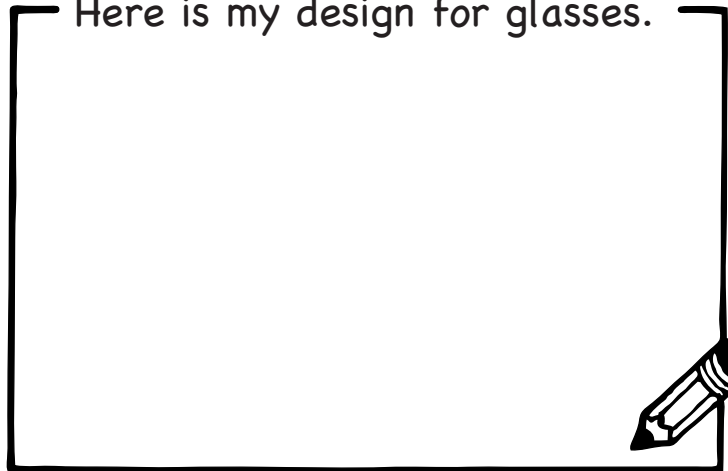
Eyes

My eyes are

- blue green
 brown hazel

- I wear glasses.
 I don't wear glasses.

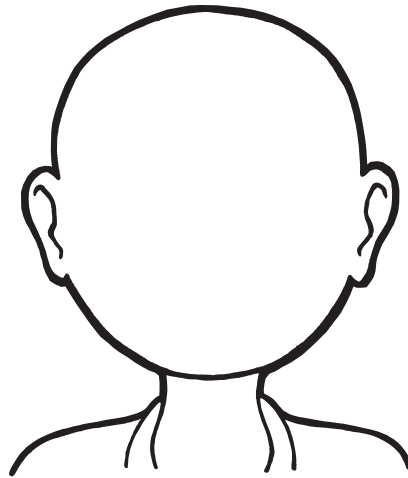
Here is my design for glasses.



Hair

My hair is

- black
 dark brown
 light brown
 dark blond
 light blond
 red
 other _____.



My hair is curly wavy straight

I wear my hair the same way every day different ways

The Color of Me

- My skin is dark medium light
 I have freckles. I do not have freckles.

My Best Memories

I have had some super-sensational days. Here is what I remember and why each memory means so much to me.

Memory 1

I remember

It was so *great* because

Memory 2

I remember

It was so *important* because

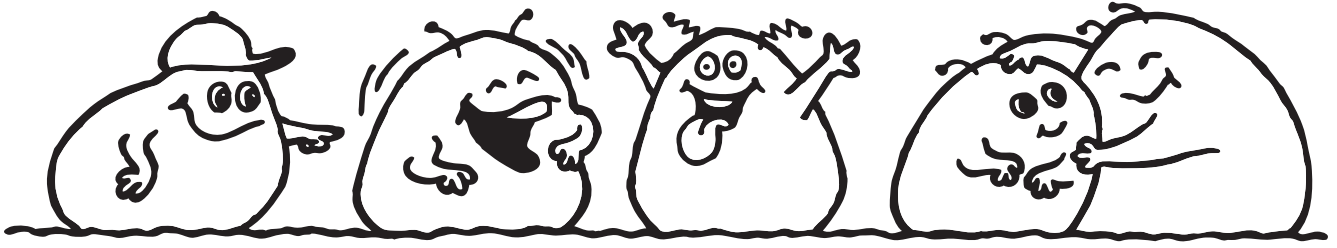
Memory 3

I remember

It was so *special* because



My Friends and Classmates



I think having friends is important because _____

_____.

I try to be a good friend. One way I do this is by _____

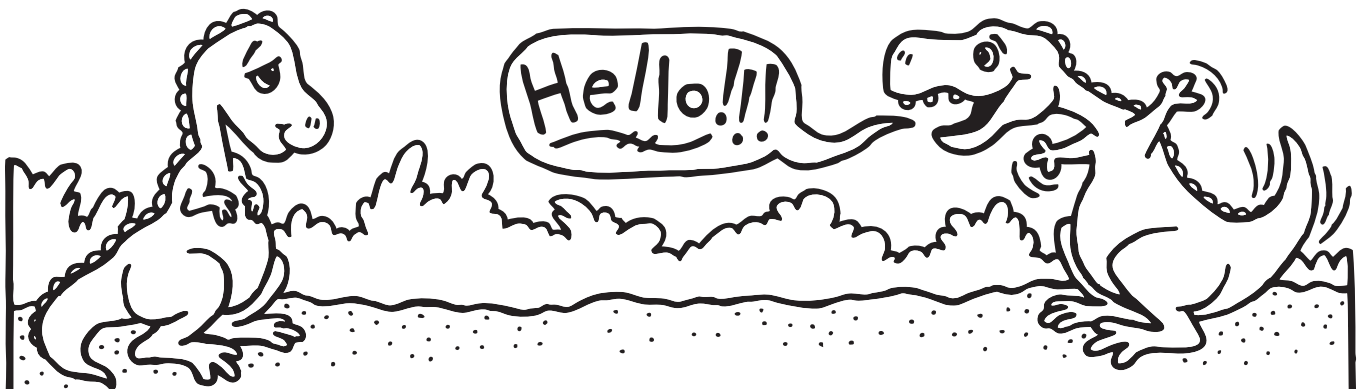
_____.

When I am playing with one friend I like to _____

_____.

When I am with a group of classmates, we like to _____.

Some of my friends' and classmates' names are:

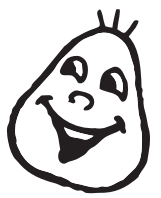


I would try to welcome a new friend or classmate by _____

_____.



A Few of My Favorites



I am _____ years old and these are some of my favorite things:

App _____

Board Game _____

Book _____

Color _____

Computer Game _____

Fruit _____

Holiday _____

Indoor Activity _____

Outdoor Activity _____

Pet _____

Place To Go _____

Season _____

Time of Day _____

Vegetable _____

