

★ You are unique. You are a super kid! What do you like to do? What don't you like to do? What do you think you will be doing when you are 10 years old? What kind of a grown-up will you be? Use this journal to draw your ideas and write down your thoughts about all kinds of things—you, your school, your adventures, and your favorite things. Don't forget to ask your parents to tell you about when you were a super baby.

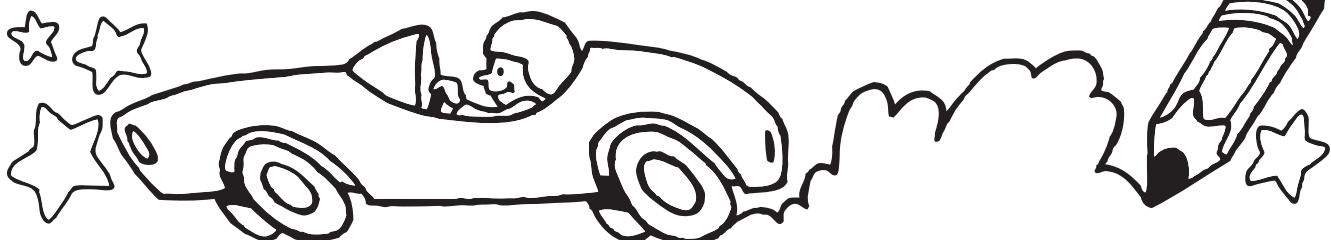
★ There are lists to check, ideas to circle, drawing spaces, and questions to make you think. You can use the blank spaces to draw or to add photos. Add dates and facts, and use your imagination to share your ideas.

★ Take your time, and be as descriptive as you can. Skip around if you want, and do the pages as they catch your interest. Later, you can go back and add information as you have new experiences.

★ When you finish, you will have a super journal all about you! It will be great to read when you are older. You will be able to see how you have changed. You might even be surprised! You will definitely enjoy reading about the many special times you've had.

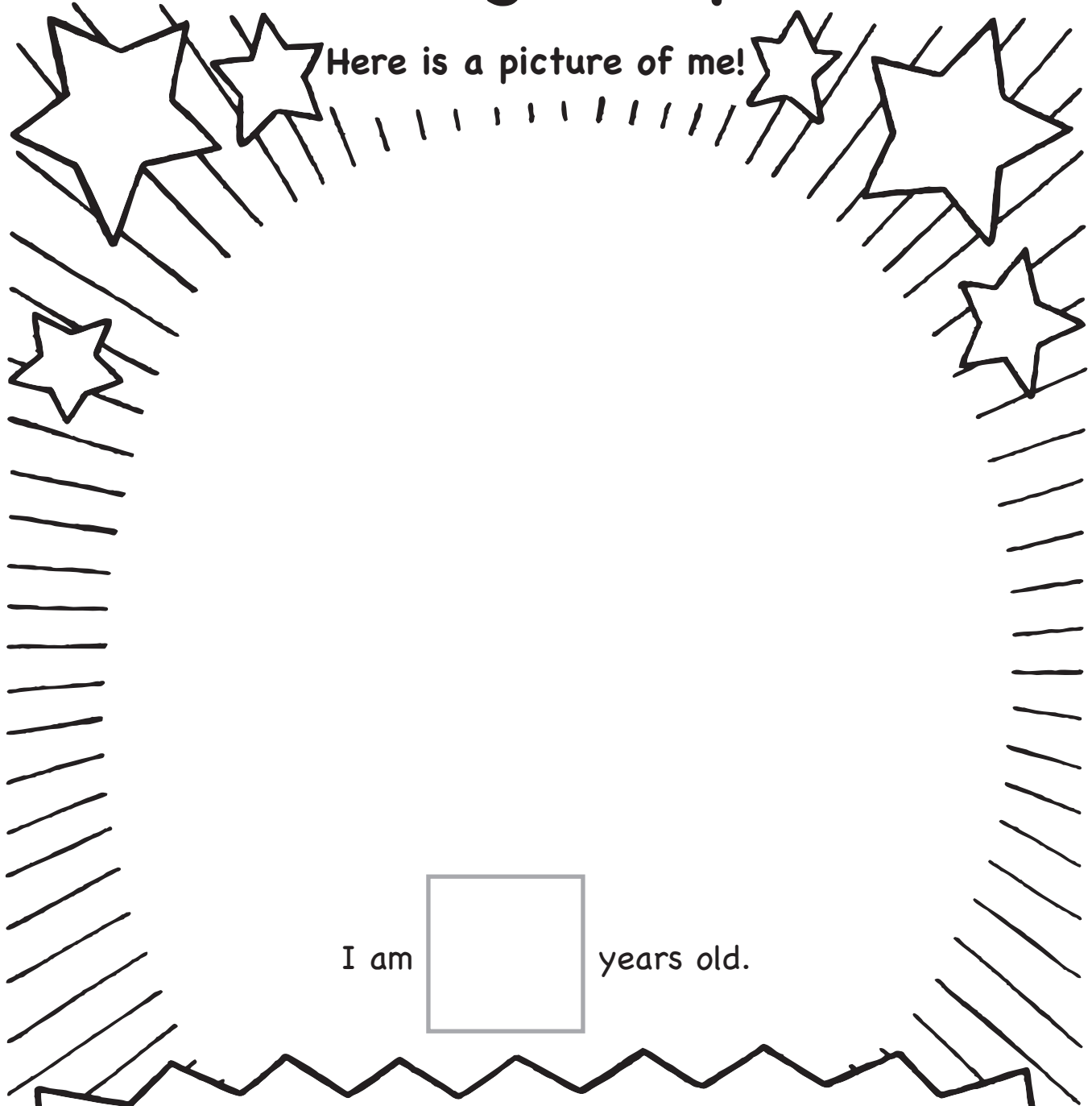
★ Get started!

★ Today is _____



Introducing... Super Me!

Here is a picture of me!



I am years old.

The best thing about being my age is _____



School Is Important



I go to _____ School.

I am in _____
grade I have been going to school for _____ years.

There are _____ kids in my class.

boys

girls

To get to school, I

walk.

ride a bike.

take a ferry.

take a bus.

ride in a car/carpool.

other _____



My teacher's name is _____.

My teacher likes to _____.

I am lucky because my teacher is _____.

Things I Like to Do



This is a super list of things to do. I have put a check mark by each thing I like to do. I also circled four of my favorites!

 art projects

 build things

 cook

 dance

 do gymnastics

 do puzzles

 draw

 garden

 go bike riding

 go hiking

 go ice-skating

 go roller-skating

 paint

 play board games

 play card games

 play computer games

 play sports

 read

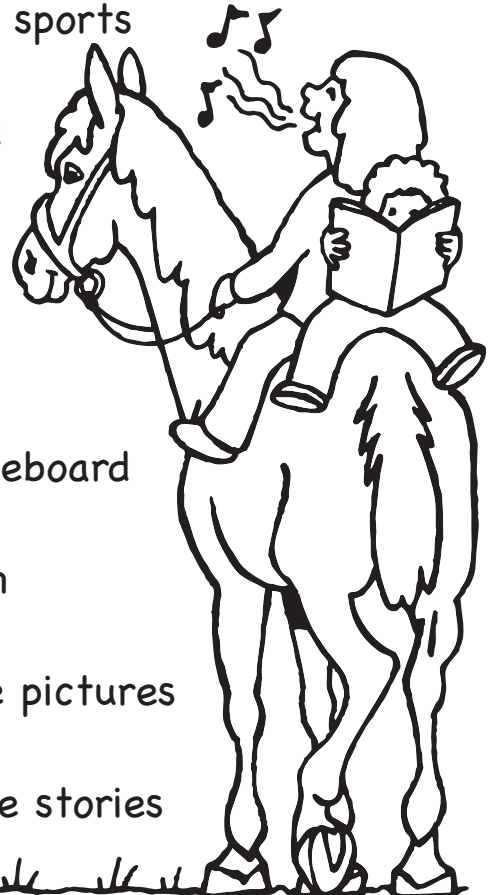
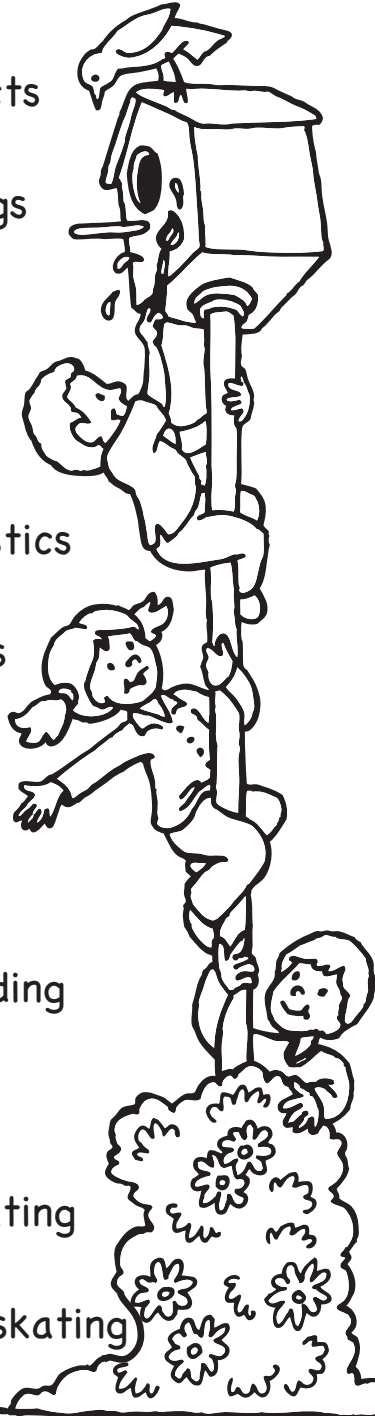
 run

 sing

 skateboard

 swim

 take pictures

 write stories




Dreams



Sometimes when you sleep, you dream.

I think I remember my dreams all the time.

some of the time.

Once, in a dream I _____



My Dream

