

Table of Contents

Welcome to Canada	3	Arts, Crafts and Games	95
Canadian Almanac	5	Maple Leaf Greeting Cards—Maple Leaf Stencils—Ukrainian Eggs—Not Just an Easter Tradition—Inuit Art—Printing and Carving—Soap Carving—Chilkat Blankets—The Blankets That Tell Stories—Chilkat Blanket Activities—Sample Chilkat Blanket—Let It Snow!—Make Your Own Snow Goggles—Snow Goggles—Woodland Footwear—Fun Indoor and Outdoor Games—Pictures of Fun Indoor and Outdoor Games—Flying Across the Ice—Lacrosse—Lacrosse Playing Field Diagram	
Resources on the Internet	6	Food and Festivals	124
Bibliography	8	National Holidays—Canada—A Land of Festivals—The Calgary Stampede—A Taste of the “Old West”—The Chuck Wagon—The Cowboy’s Kitchen—Make Your Own Chuck Wagon—Chuck Wagon Templates—Chuck Wagon Stew—The Winter Carnival—Classroom Winter Carnival—Ann’s Igloo Cake—Canadian Food—English Tea—Christmas Pudding and Wedding Cakes—Quick and Easy Treats—Making Maple Sugar—Life Without Grocery Stores—Storing Food	
M is for Maple	10	Government	152
Famous People from Canada	11	A Distinctive Flag for Canada—Canadian Flag—The Canadian National Anthem—Heraldry—My Personal Crest—Provincial Seals and Information—Facts About Alberta—Facts About Saskatchewan—Facts About Quebec—Facts About Prince Edward Island—Facts About Ontario—Facts About Nova Scotia—Facts About Newfoundland—Facts About New Brunswick—Facts About Manitoba—Facts About British Columbia—Facts About the Northwest Territories—Facts About the Yukon—Facts About Nunavut—My Provincial Report	
My Famous Canadian Report	13	Provincial Fair and Awards	173
Geography and Science	15	The Provincial Fair—Maple Leaf Award—Honorary Canadian Citizen Award	
Map Projects—Provinces, Territories and Capitals of Canada—Map of Canada—Map of Canada Answer Key—North American Countries—A Two-month Night?—It’s About Time—Canada’s Time Zones—Niagara Falls—Niagara Falls Daredevils—The Moving Falls—Riding the Metro—Measuring the Temperature—How Cold Is It?—Lobster—A Creature of the Sea—Nature’s Wonderful Light Show—Let’s Write Some Poetry—Haiku Poetry			
History of Canada	39		
Important Events in Canadian History—Making a Time Line—Time Line Game—Dinosaurs Roamed the West—Dinosaur Jumble—A Paleontological Challenge—Aaron’s Archeological Adventure—Making Fossils—Cultural Areas Jigsaw Puzzle—Cultural Areas of Canada Map—The Klondike Gold Rush—Gold Fever!—Panning for “Gold”—Yukon Gold Rush—Gold Rush Supply List— Birchbark Canoes—Make a Birchbark Canoe—Dressing a Cowboy—Royal Canadian Mounted Police			
Language and Literature	76		
A Land of Two Languages—French Word Book— <i>The Polar Bear Son</i> —An Arctic Diorama— <i>Mama, Do You Love Me?</i> — <i>Anne of Green Gables</i>			
Legends and Traditions	86		
Totem Poles—Fact or Myth?—Totem Pole Activity—Mysterious Masks of the Northwest Coast—Making a Mask—Clan Crest Hats—The Potlatch—Classroom Potlatch			



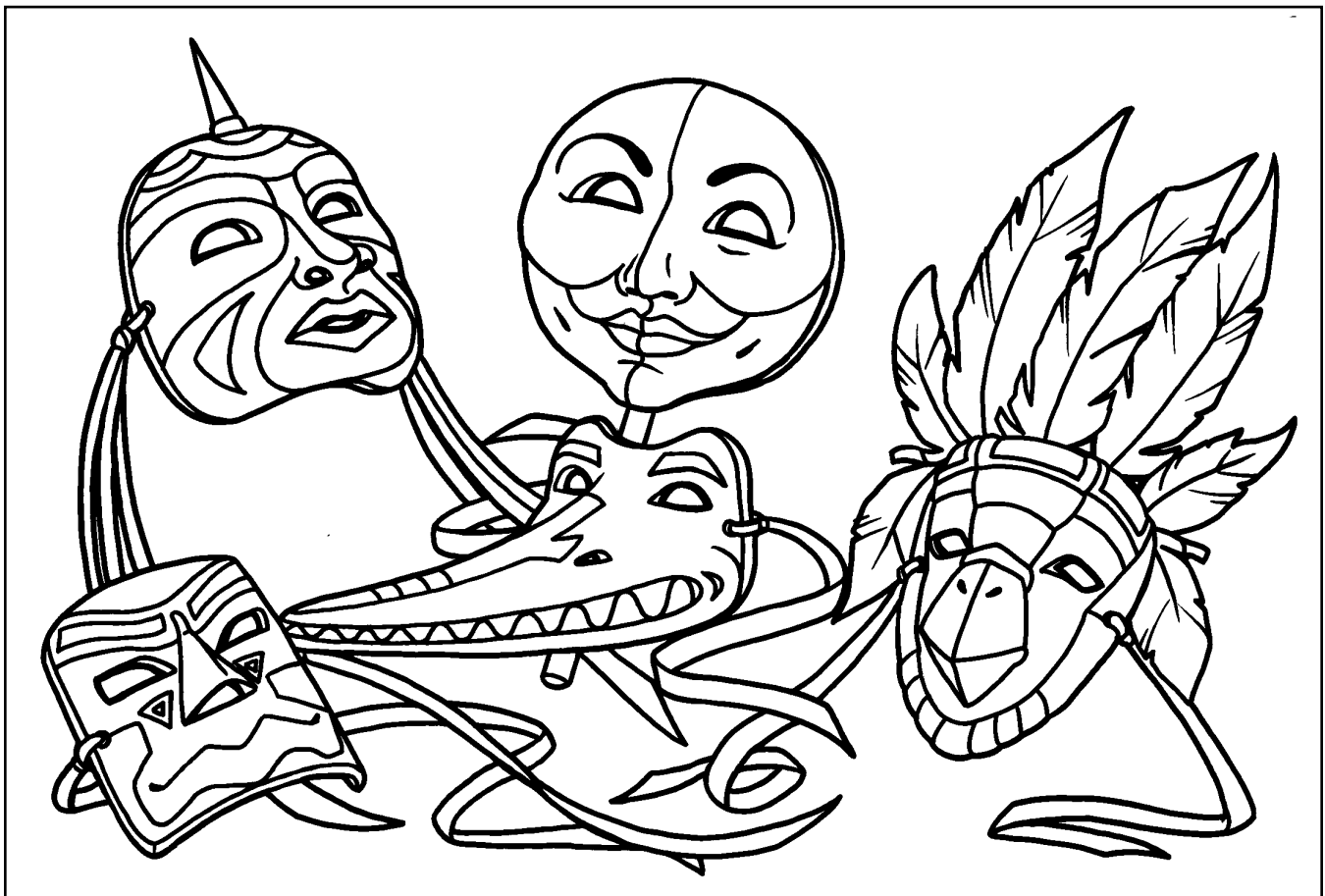
Making a Mask

Materials

- paper plates
- markers or crayons
- scissors
- yarn or ribbon for tying the plate

Directions

1. Students will need to find where their eyes and nose would be on their paper plates and cut out those shapes.
2. Use a pencil to create a simple design similar to what they have seen on other masks.
3. They may want to think about a certain animal they are trying to imagine themselves being.
4. Color the mask with bright colors.
5. Make holes for adding the string to each side.
6. Have the students wear their masks and tell stories about their animals.
7. Have the students write a small skit using the animals they have created.
8. Have the students talk about what animals they chose and why.





Ann's Igloo Cake

Ingredients

- cake mix
- white icing
- coconut

Directions

1. Buy a white cake mix and follow the directions. Instead of baking it in a regular cake pan, use a rounded metal bowl that has been coated with oil.
2. Save some of the batter to bake in a small, rectangular pan to make the entrance for the igloo. You can also use an empty metal can filled half full.
3. Bake the cake and the igloo door and let both parts cool. You will have to adjust the cooking time for the shapes of the pieces.
4. Place the cake on top of a piece of mirror with beveled or polished edges to be decorated.
5. Shape and attach the doorway onto the igloo with icing. Ice the rest of the cake, sprinkle with coconut for snow. Leave some icing and coconut on the mirror. If you have a figurine of an animal or Eskimo or can make one out of clay, do it to the proportions of the entrance. Try dyeing some of the icing blue. Use a toothpick to add the details of the ice blocks or more ice around the igloo.

