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Name \_\_\_\_\_ Date \_\_\_\_\_

# Who's Johnny?

Think about what Johnny was like and the things that Johnny did. Below is a picture of Johnny. On the lines next to the picture, write words that describe him.



**Extension:** Use each word in a sentence that describes Johnny. Make sure that you give examples to support your opinion of Johnny.

Name \_\_\_\_\_ Date \_\_\_\_\_

# An Apple a Day

Research some facts about apples.

1. List some ways that apples are good for you.

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2. How many calories are in one medium apple?

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3. How much fat is in an apple?

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4. Why is an apple called "nature's toothbrush?"

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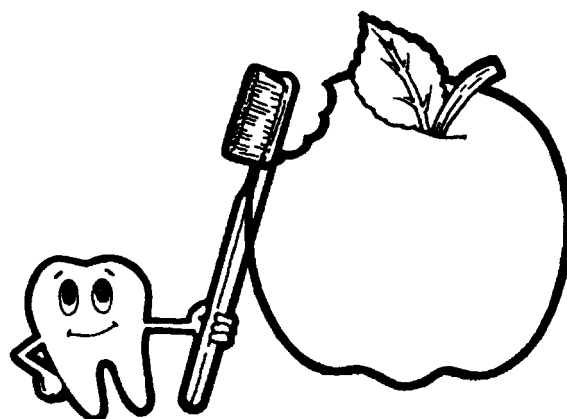
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5. How many servings of fruit should you have each day? Use the Food Guide Pyramid (page 33).

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